

- Don't be one of many - be a unique application
 - Do what you're interested in not what you think other people want to see
 - Embrace what makes you unique and play to your strengths
- Get involved as early as you can. In addition to joining clubs and organizations in hopes of gaining a leadership position, get involved with your professors.
 - Don't be afraid to apply for leadership positions (as many as you think you can handle).
 - Don't be afraid to reach out to professors or guest speakers with nontraditional roles and interests. They love working with students and many have ongoing projects you could join.
 - Join new clubs! Or start your own!
- Contacts/Networking
 - Reach out to any university professor (not pharmacy!) in that topic and they'll probably be willing to help/connect you with someone
 - Try to meet everyone ahead of your class. Find out what they're doing with their pharmacy careers, and they could tell you about internships they've done before and help you get positions.
 - Residents are very overlooked sources of information and potential for research and shadowing opportunities
 - If nothing else, it's never too early to start shadowing someone
- Know your professional goals and interests
 - Make a list of career goals and interests
 - Talk to non-pharmacy faculty to see what career paths you are interested in
 - Shadow non-pharmacy pharmacists to see what their day is like
 - Join organizations that align with your goals
 - Continually update this list throughout your professional development
- Fix resume and LinkedIn
 - Update resume/CV bi-weekly with important content
 - Keep a bulleted document of your best achievements or work experiences; you can tailor this information to create individualized resumes for each job application
 - Even if you do not think it is important just put it in there
 - Create a LinkedIn early; do not hesitate to reach out and connect with hiring managers for positions of interest or professionals to learn more about what they do
 - If you get no response, it's not the end of the world
 - I have personally connected with a boss of an internship I am interested in to have a skype call and learn more about him/the internship (
- Company
 - Sometimes easier to find a company you are interested in and then search internships directly from their database instead of searching for internships on google or other general sources
 - Focus on companies that are known to be great to work for, highly innovative, "rocket ship" companies, or tech companies
- Knowing you're a potential candidate
 - Don't limit yourself to the job description when applying
 - Don't be complacent