

SNPhA September GBM



Who are we?



SNPhA is an education and service association of pharmacy and pre-pharmacy students who are committed to serving underserved communities and improving minority representation within the field of pharmacy and other healthcare professions.

Meet the Executive Board



University of
Pittsburgh

School of Pharmacy

Faculty Advisor: Dr. Lauren Jonkman

Chapter Advisor: Marcia Borrelli

President- Josephine Kim

President-Elect- Caleb Schork

Vice President- Ruth Li

Treasurer- Nidhi Vedati

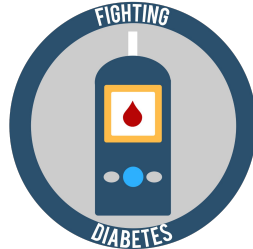
Secretary - Anneliese Harp

Historian- Athena Tolentino

Undergrad Liaisons- Mia Como and Jessica Abbott

National Initiatives

MENTAL * HEALTH



CHRONIC KIDNEY DISEASE



Operation Immunization-Julie Mercer

Mental Health- Alina Liang

Fighting Diabetes- Rachel Qian

Power to End Stroke- Devon Zheng

Chronic Kidney Disease- Michelle Trinh

Legislative-Tsritzan Oliver

Remember the Ribbon
(HIV/AIDS)-Emma Carrock

Dean's Theme

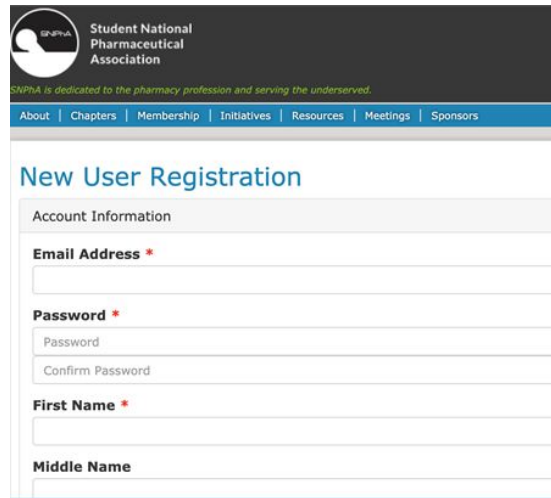


To increase vaccine awareness and immunization rates to benefit the public

If you have ideas or would like to be a part of organizing programs for our topic, please contact our Dean's Theme Chair: Daniel Dahmer (dcd22@pitt.edu)

Membership Drive

Ends November 1st



The screenshot shows the SNPHA website header with the logo and navigation menu. Below the header is the "New User Registration" form. The form includes fields for "Email Address", "Password", "Confirm Password", "First Name", and "Middle Name".

Student National Pharmaceutical Association
SNPHA is dedicated to the pharmacy profession and serving the underserved.

About | Chapters | Membership | Initiatives | Resources | Meetings | Sponsors

New User Registration

Account Information

Email Address *

Password *

Confirm Password

First Name *

Middle Name

National Membership for Pharmacy Students is \$35 dollars

Fill out registration information and make payment online at snpha.org

Lots of great benefits when you join!

Past Events

Regional Conference



- Last year's Region I & II conference was held in Pittsburgh
 - Networking with other chapters, continuing education classes, guest speakers, posters, and much more
 - Looking forward to another great conference this year!
-

NHAAD Surge Challenge



Posted
infographic to
instagram (Sept
18th)

Emma Carrock (emc160@pitt.edu)

NATIONAL HIV/AIDS AND AGING AWARENESS DAY

HIV/AIDS HAS NO AGE



Aging With HIV/AIDS

- Older people are less likely to get tested
- Signs of HIV can be mistaken for signs of normal aging

18% of persons
newly diagnosed
with HIV are over
50 years old

1 in **4** adults in the
United States who
are living with HIV
infection are aged
50 or older

Goals

- Increase the quality of life for people living with HIV
- Reduce stigma surrounding HIV among the aging population

SEPTEMBER 18TH

STUDENT NATIONAL PHARMACEUTICAL ASSOCIATION

UPCOMING EVENTS

Childhood Obesity Awareness Challenge



Infographic going to be posted to social media!

Devon Zheng (dez14@pitt.edu)

Promoting awareness of childhood obesity and its future risks for adult diseases like stroke and diabetes

Pitt SNPhA Presents:
September is Childhood Obesity Awareness Month

1 in 5 children struggle with obesity



How can we help prevent and fight childhood obesity?

- Balance **healthy eating**
- Maintain **adequate exercise**

Obesity can lead to **heart disease, diabetes, cancer,** and much more



For more information and ways to maintain a healthy diet, please visit the website choosemyplate.gov.



#BETHESURGE Challenge


#BETHE1TO SURGE CHALLENGE


SEPTEMBER IS NATIONAL SUICIDE PREVENTION MONTH

POST A VIDEO FOR EACH OF THE #BETHE1TO STEPS ON SOCIAL MEDIA. BE CREATIVE WITH YOUR VIDEOS AND CAPTIONS!

CAPTIONS SHOULD INCLUDE NATIONAL/REGIONAL STATISTICS, AS WELL AS WAYS COVID-19 IMPACTS MENTAL HEALTH.

Submission Deadline: Sept. 30th at 11-59 Local Time
Submit To: Mental Health
Questions: Contact chidinmaahiarah@snpha.org

 MENTAL = HEALTH

 **UNIVERSITY OF PITTSBURGH**
Our Journey Continues

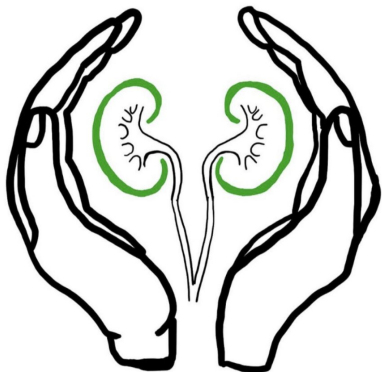
September is National Suicide Prevention Month. Our chapter would like to take part in the #BeThe1To Challenge

Please contact Alina Liang ASAP (all172@pitt.edu) if you would like to take part in a short video addressing the 5 action steps:

- 1.#BeThe1To ASK.
 - 2.#BeThe1To BE THERE.
 - 3.#BeThe1To KEEP THEM SAFE.
 - 4.#BeThe1To HELP THEM CONNECT
 - 5.#BeThe1To FOLLOW UP
-

National DMV Appreciation Month Surge Challenge

PROJECT KEEPSAKE



DMV - primary source of organ donor registrations in the US

Join us in recognizing DMV's and providing education/resources about registering as a donor

Michelle will be making a flyer!

Keep a look out for this post on social media!

LMBI Letter Writing Campaign



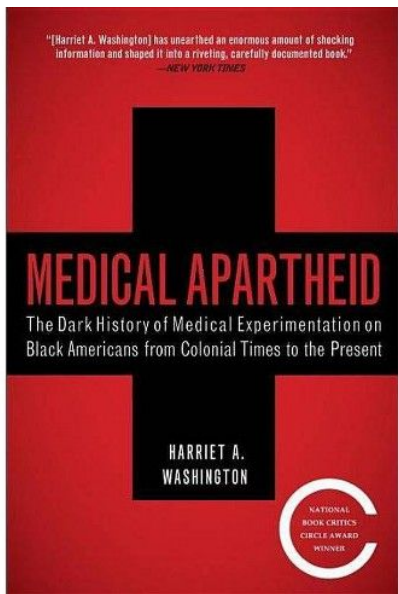
Educate legislators, address concerns, offer potential solutions for topics pertaining to healthcare reform and pharmacy.

Writing letters to local elected representatives - pharmacy and policy current events!

DATE TBD (sometime this semester)

Contact Tsriztan Oliver
(tso4@pitt.edu)

Monthly Book Discussion



Discussion about racial inequality and equity

Book: Medical Apartheid

Starting in October (Date TBD)

If you are interested please fill out form:

<https://forms.gle/3RdKv5xWoTE45Xoh6>

Virtual JDRF OneWalk



[Walk](#) [Locations](#) [Teams](#) [Participants](#) [About](#)

[Register](#)



Walk starts November 1st

Download Strava App to track steps

Join our team and please donate \$5!
:)

[LINK TO JOIN TEAM](#)

Goal is to raise \$500

Contact Rachel Qian
(rsq1@pitt.edu) with questions!

Operation Immunization

Pitt SNPhA Operation Immunization Presents:

GET THE SHOT, NOT THE FLU!

WHAT IS THE FLU?

The "flu" is an extremely contagious respiratory illness caused by influenza viruses that can effect the nose, throat, and lungs. These viruses constantly undergo changes in their genes which is why flu epidemics occur yearly.

WHAT ARE THE BENEFITS OF FLU VACCINATION?

The flu vaccine prevents *millions* of illnesses and flu-related doctor's visits every year in children, working age adults, and older adults. Flu vaccination is not only a preventative tool for you, but also for the more vulnerable persons around you!

CAN THE FLU VACCINE GIVE YOU THE FLU?

No! Common side effects such as fever, muscle aches, and/or headache after a flu vaccination are actually signs that your body is developing an immune response against the flu!

WHERE CAN I GET A FLU VACCINE?

You can get a seasonal flu shot even if you do not have a regular doctor. Health clinics, community pharmacies, and health departments are just a few places that provide seasonal flu vaccines!

Visit flushot.healthmap.org to find where you can receive your flu shot.

Source: Center of Disease Control and Prevention (CDC)

Collaborating with Falk Vaccine Clinic - Peterson Events Center

If you are interested in volunteering please contact: Julie Mercer (jam486@pitt.edu)

Our Journey Continues Video Challenge



Our chapter is going to create a short, 5 minute-max, video highlighting:

1. How our chapter plans to service your community and develop chapter membership both personally and professionally on our year-long journey!
2. Individuals who have assisted in our chapter's journey thus far!

Due November 1st

If you are interested in helping email
Josephine (jyk10@pitt.edu)

SNPhA National Conference



Now virtual!

November 6th to 8th, 2020

Social Media



Instagram: [pitt_snpa](#)

FB: [University of Pittsburgh SNPhA](#)

Twitter: [@PittSNPhA](#)

Email: snpa.pitt@gmail.com

Questions?

Next GBM

Wednesday October 21st at 12PM VIA Zoom

PASS: SNPHA