# The Pittapsule

October 2019

## **School of Pharmacy Organizations: Schedule of Events for October 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
7 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM 5 PM SSHP Clinical Skills Competition	12 PM AMCP P&T Competition Info Session 5 PM Fall Leadership Retreat	9 <b>12 PM</b> CPNP Therapy in a Patient's Medication Regimen <b>12 PM</b> SCCP GBM	12 PM CPFI GBM 12 PM Rho Chi P1 Top Drugs Review 12 PM SIO Speaker Event	12 PM PPIP GBM 12 PM Rho Chi P2 Cardiology Review
12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM	15 12 PM SIO MCPHS Fellows Speaker	12 PM ISPOR GBM 12 PM SNPhA GBM 12 PM PPA Speaker	17 <b>12 PM</b> CPFI GBM	18
21 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM	12 PM APhA Speaker: Dr. Donihi 12 PM ASCP GBM	12 PM CPNP Naloxone Training	12 PM CPFI GBM 12 PM SSHP ID Speaker: Dr. McCreary	25 <b>12 PM</b> PLS GBM
12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM	29  12 PM SASP GBM: Dr. Gebhard	12 PM ARCO Information Session 12 PM PPIP GBM 12 PM RxPrep Mentor Night	12 PM CPFI GBM 12 PM PLS Interest Meeting	Nov 1  12 PM SSHP Transplant Speaker: Dr. Schonder

GBM – General Body Meeting, all members are welcome!

Be sure to check the Master Calendar on the PharmD Porxtal for updated information!



## **APhA-ASP: American Pharmacists Association Academy of Student Pharmacists**Danielle Weaver (P3), Membership VP

Thank you to everyone that attended our first GBM, the Back-to-School Picnic, House Prescribing, interest meetings, and other events! It was great to see so many people come out, and it's exciting to have so much interest in our different committees and projects. We're really looking forward to all the amazing things APhA-ASP has planned!

As mentioned at our GBM, the Dean's Theme for this year is GenerationRx. As a school, we are organizing numerous events to promote safe prescription drug use and educate the public about this really important topic. Participation in these events is a great way to get involved, engage with the community, and for P2s and P3s to get IPPE hours. If you're interested in helping to plan or participate in any events or projects, we encourage you to reach out to the Operation and project leaders. We also recommend joining the 2019-2020 PittPharmacy APhA-ASP Patient Care Committee Facebook page to stay up-to-date on all the events happening this semester!



Pictured on the left: Caroline Baldwin (P3) selects her House during the House Prescribing event on September 13.

This year, APhA-ASP Midyear Regional Meeting (MRM) will be held in Philadelphia on October 25-27. This conference is a great way to network, grow professionally, and connect with fellow student pharmacists.

In addition, the pre-application for the Student Exchange Program is now available and due on November 1! This is a great opportunity to experience pharmacy abroad.

## **SNPhA: Student National Pharmaceutical Association**

Hager Mohamedein (P3), President

SNPhA is starting the year with great momentum! On September 10, the University of Pittsburgh SNPhA chapter hosted a lecture called "Living with Type 1 Diabetes." Lori Bednarz, Senior Diabetes Educator and nurse at the UPMC Center for Diabetes and Endocrinology, came to speak to our chapter. She presented an informative PowerPoint about the pathology of Type I Diabetes and the various types of insulins and devices that are currently available for diabetic patients in our community and across the nation. These devices ranged from syringes, insulin pens, glucose meters, insulin pumps, Omnipods, and a variety of new advanced technologies that are changing the lives of type one diabetic patients. At the end of the lecture, SNPhA members had the opportunity to ask questions, talk one-on-one with Lori, and work with the devices themselves. Following this initiative, Pitt SNPhA participated in the JDRF One Walk on September 21 to raise money to transform the lives of millions of people living with Type I Diabetes; we would like to thank everyone who turned out.

Last but not least, we are calling for help with conference planning. SNPhA's Region I and II Conference will be held February 21-23, 2020 at the Sheraton Hotel in Pittsburgh. If you would like to help out, please contact Hager Mohamedein (<a href="https://ham68@pitt.edu">ham68@pitt.edu</a>) or Vidya Balakrishna (<a href="https://widyabala@pitt.edu">widyabala@pitt.edu</a>). Furthermore, if you have any questions, concerns, or ideas, please be sure to reach out to the executive board through our Facebook page (<a href="mailto:aspha.pitt@gmail.com">aspha.pitt@gmail.com</a>.

*Pictured below:* Members of Pitt SNPhA with Lori Bednarz at the "Living with Type 1 Diabetes" Event.



## PPA: Pennsylvania Pharmacists Association

Emily Dell (P3), Communications Ambassador

Congratulations to everyone for making it through the first month of classes! We hope that everyone has had a good first few weeks and that new students are enjoying their time so far. PPA is excited for the upcoming months. To start off the school year, we had a table at the Back-to-School Picnic in Schenley Park. In addition, we recently had the opportunity to attend the Allegheny County Pharmacists Association (ACPA) Picnic that took place on September 4 in Schenley Park. At this event we had dinner, met with pharmacists and students from around the area, and even played kickball! As members of PPA, we are invited to participate in many of these events and different volunteering opportunities. If anyone is interested in hearing more, please let us know!

One of our biggest events of the year also took place during September. During September 20-22, members of PPA attended the PPA Annual Conference. At the conference we had the

opportunity to network with other students and pharmacists from the state, play mini golf, and participate in a lip sync battle between schools. More news is to come next month about our presenters and winners of the competitions during the conference.

Keep an eye out for our next GBM and more information about our conference next semester if you are interested in going. The Mid-Year conference for 2020 will take place in Harrisburg, PA at the Harrisburg Hilton on January 23-26. This is a great first conference opportunity, especially for anyone who is looking for more experience with bigger events like these. Also, be sure to follow the Student Pennsylvania Pharmacists Association (SPPA) Facebook page to keep updated on what we are doing to advance the profession of pharmacy in Pennsylvania. Good luck to everyone with upcoming exams!



Pictured on the left: Pitt PPA members at the ACPA Picnic.

From left to right: Hailey Mook (P3), Grace Erdman (P3), Nicole Hume (P3), Mara Cubellis (P3), Christian Rosikiewicz (P3), David Katz (P3), Emily Dell (P3), Dr. Karen Pater

## **CPFI: Christian Pharmacists Fellowship International**

Danielle Weaver (P3), Vice President

Christian Pharmacist Fellowship International (CPFI) is an international ministry of individuals working in all areas of pharmaceutical service and practice. The mission of CPFI is to serve Christ and the world through pharmacy. Our goal as an organization is to use the opportunities we have as student pharmacists to reach our communities and grow together as we strive to integrate faith into practice.

CPFI jump started the new year with the Back-to-School Picnic and August GBM. Thank you to everyone who stopped by our table during the picnic and attended our weekly meetings! We enjoyed getting to speak with you and look forward to seeing you at more events this coming year. This past month, we also had the honor of hearing Dr. Fabian share her testimony with the group. Dr. Fabian is the Associate Professor of Pharmacy and Therapeutics and Psychiatry at the School of Pharmacy, and she is the Director of Pharmacy Research and Pharmacy Services at Western Psychiatric Institute and Clinic and the Residency Program Director for the PGY2 Psychiatric Pharmacy Residency Program. Thank you for speaking, Dr. Fabian! We are looking forward to hosting a few more guest speakers this year.

CPFI also connected with the Christian Medical and Dental Association (CMDA) and we look forward to joining them for weekly devotionals and monthly social events. The next CMDA First Friday potluck will be Friday, October 4. CPFI is also excited to partner with Hot Metal Bridge Faith Community and other local faith-based organizations for Dean's Theme events. Be on the lookout for more info on these events! As always, if you're free on Thursdays at lunch, please stop by! Pharmacy school can make life a little crazy, but we encourage new students and current members to attend whenever you can. And as always, don't forget to find us on Facebook and Instagram @cpfipitt.

## **SIO: Student Industry Organization**

Taylor Laffey (P2), Vice President of Communications

The executive board members of SIO would like to thank everyone who came and visited us at the Back-to-School Picnic. We had a great time talking with everyone and explaining what we do as an organization! It was nice to see so many students interested in learning more about the roles that pharmacists have within the pharmaceutical industry.

Our first general body meeting took place shortly after the picnic, and we had such a great turnout. After we introduced SIO and what our goals were for the semester, we hosted our first event. Some members had participated in internships in the pharmaceutical industry this summer and we had short overview presentations describing what each person did in those experiences. Topics of discussion included research, medical affairs, clinical trial operations, global regulatory affairs, and quality and compliance as related to clinical safety. We had great discussions explaining how to apply for these internships, effective interviewing strategies, and what to expect when you get hired!

Check-in next month to hear more about industry-related events, like the Rutgers Pharmaceutical Industry Fellowship webinar series. We will also be hosting our own event in which we will be hosting Rutgers fellow, Max Prokopovich during lunch to hear more about his experience as a fellow and member of the program. We invite anybody who is interested in learning more about industry or our organization to like our Facebook page "Student Industry Organization" by searching @SIOpitt, and to follow our Instagram @SIOpitt for updates and more information. If you would like to be directly contacted via our email list, send us an email at <a href="mailto:studentindustryorg@gmail.com">studentindustryorg@gmail.com</a> and we will make sure to add you!

## SSHP: Student Society of Health System Pharmacy

Nikitha Yagnala (P3), Internal Career Development Chair

SSHP is already off to an incredible start this year! We have welcomed many new members to our chapter at Pitt and are looking forward to a great semester. Since the last issue, we held our first general body meeting, and our professional projects held their introductory meeting as well. For the first time this year, we extended Residency 101 to a full day's worth of events, where Dr. Sikand, PharmD spoke at our Residency 101 seminar during lunch as the PGY1 Residency Program Director of Scripps Mercy Hospital.



Pictured above: SSHP E-board at the Back-to-School Picnic!

He also continued the discussion at our acute care residency panel later that evening! Dr. Sikand gave us some incredible insight into what residency training entails, why it is important, and how to be a standout residency candidate.

We have some exciting events planned for the next few months! Our annual Clinical Skills Competition will take place on October 5 at 5 PM. This competition is open to all classes and requires teams of two students, where you will workup a patient case within a 2-hour time limit. The top 3 teams will defend their assessment and plans to a panel of faculty clinicians the next day during lunch. The winning team will earn a free trip to Midyear and have the chance to compete at a national level! This is an incredible experience for students in every year- grab a friend, practice your clinical skills, and enjoy some free food at the end to celebrate your hard work!



Pictured on the left: SSHP E-board with Residency 101 guest speaker, Dr. Sikand, Scripps Mercy Hospital's PGY1 Residency Program director.

We have many more exciting events coming up later this month! On October 24, we are excited to have an ID clinical specialist from UPMC Presbyterian come speak to us about her role in promoting antimicrobial stewardship. Later, Pennsylvania Society of Health-System Pharmacists (PSHP) is holding their Annual Assembly on October 28-29 in Valley Forge Casino Resort. If you are interested in attending, please reach out to an SSHP executive board member for more information. We hope you get involved with the various events SSHP is hosting this month!

## **ASCP: American Association of Consulting Pharmacy**

Alecia Zika (P2), Secretary

ASCP is happy to be back and in full swing! We were very excited to welcome back members and meet lots of potential new ones at this year's Back-to-School Picnic.



Pictured on the left: Students represent Pitt Pharmacy at the Pennsylvania Chapter of ASCP's Fall Education Day on September 14.

We had the opportunity very early in the semester to attend the PA chapter of ASCP's Fall Education Day. At this event in Monroeville, students had the opportunity to listen to leaders in the field along with present their own poster to those who attended. We had a wonderful time learning and networking at this event.

ASCP's first GBM was on September 25. At this meeting, we discussed goals and projects for the year,

along with our search for a P1 Representative. Anyone interested in the position can reach out to us at <a href="mailto:pittascp@gmail.com">pittascp@gmail.com</a>. It is a great opportunity to both get involved in the organization and gain leadership experience.

We are also very excited for our first event of the year, which is coming up very shortly! Once again, ASCP will be participating in the Walk to End Alzheimer's. This event will be held on October 13 at Highmark Stadium. The ASCP team is currently raising money to meet our monetary goal of \$500 and we look forward to lots of participation and support as in years past.

All in all, ASCP is looking forward to what is already becoming a fun and exciting year! Those interested in joining ASCP are reminded that dues are \$10 and will be accepted until October 11. Last but not least, be sure to like us on Facebook (American Society of Consultant Pharmacists- Pitt Student Chapter) and follow us on Instagram (@ascp\_pitt) to stay up to date with all things ASCP!

## **AMCP: Academy of Managed Care Pharmacy**

Vince Piro (P3), Director of Communications

Hey everyone! September was another big month for AMCP. Thanks to all of the P1s that came out and talked to us at the Back-to-School Picnic; we hope that a lot of you are interested in managed care! We had our first GBM where our president, Allison Gallant, gave everyone the basics about the industry for pharmacists. We also had an amazing presentation on the use of precision medicine in a clinical setting, hosted by Genentech. We have a ton of important events coming up in October. We will be having our information session for the P&T Competition on October 8; come on out and learn about how to participate in the competition! This is a great opportunity for anyone to get a firsthand look at how formulary decisions are made. We are also putting together a panel of managed care pharmacists to come in and talk about the rotations that their companies offer, so be on the lookout for that!



Pictured above: Kappa Psi Brothers at the National Convention over this summer in DC. Pictured are Thai Nguyen (P3), Kim Dao (P4), and Jaehee Cho (P4) accepting an award for our chapter as the 8th best nationally.

## Kappa Psi

Sneha Gaitonde (P3), Corresponding Secretary

Hello everyone! Hopefully this new semester has been treating you well so far. Kappa Psi would like to say thank you to everyone who rushed this year, and to everyone who opted to pledge with us! It has been great getting to know you all during our fantastic rush season. Thank you also to everyone who attended the bake sale which was our first philanthropy event of the year! We hope you enjoyed the sweet treats we were selling in Scaife – all the proceeds will be donated to help with relief for those impacted by Hurricane Dorian.

At the end of September, Kappa Psi also took part in a Murder Mystery Party, which featured the fraternity taking on various personas to act out an elaborate mystery – in costume! This event came together thanks to our amazing Social Committee, chaired by Mike Mast (P2). Our patient care

initiative for September took place at the HealthyU Fair, where some of our brothers talked to students about the differences between the cold and flu, and the options when it comes to OTC care for both.

Coming up, our chapter will be sending some of its Brothers to the regional Kappa Psi meeting in Baltimore, MD. Our chapter will be sending two of its Brothers as delegates, who will vote on matters important to the regional function of Kappa Psi. Patrick Booth (P3) and Jaehee Cho (P4) will represent us at this assembly. It will be a great opportunity for networking and connecting with Brothers from other chapters, as well as graduate members who work in various fields of pharmacy. All in all, we look forward to getting to know our pledges and to continue to make a difference at the School of Pharmacy throughout the fall semester!

#### PDC: Phi Delta Chi

Tommy Rust (P2), Worthy Keeper of Records and Seals

So we meet again prospective pharmacists of Pittsburgh. It's been a while since I last wrote to you, but the brothers of Phi Delta Chi have been keeping busy. Between midterms, recruitment events, and planning formal, all of us have had our hands full! Nonetheless, our fraternity is keeping a positive attitude and helping each other out through these struggles.

Our recruitment events this past month have been wildly successful! We started off with the Back-to-School Picnic. The reviews are in: PDC makes a mean burger!!! We got to meet so many new P1 students, and we're very excited to start getting to know you all in the upcoming month. We followed this up with some bonding events including the pizza lunch with Drs. Poloyac, Johnson, and Pater, our "meet the brothers" night, and the picnic with LKS. We had a great time at every event with both old and new friends

Looking ahead, we've got some BIG things planned for the month of October. Our first hoagie sale will be held on October 7. This is a great opportunity to get a cheap hoagie during our lunch break while supporting our organization in the process. We're currently looking into some service events, including the annual PMADD on October 19. This will be the first time in years that PDC participates as a group, so we're happy to become a more prominent organization on Pitt's campus.

We're also planning Adopt-a-Block later in the month, which was a very successful service event for us in the previous semester. Looking even further ahead, our fall formal with LKS is coming up quickly. We're still finalizing the plans, but our formal chair will make it a smashing time for all who come.

I want to end this off by giving a BIG thank you to all the P1s who came out and gave us a shot at the picnic and an even BIGGER thank you to everyone who will be joining our fraternity this year. You are what keeps us going, and we look forward to each new week with you all. Being with PDC is a life changing experience, and I assure you that you will learn this in the coming months. Have a prosperous Spooktober and good luck on your exams!

*Pictured below:* The Brothers at the Back-to School Picnic after a long day of recruiting and barbecuing.



## LKS: Lambda Kappa Sigma

Britney Stottlemyer (P3), Corresponding Secretary

Welcome to PSL season! (I know you all love coffee, how else would we all survive pharmacy school?) A little over a month down; we're not going to think about how much more time we have left, but what is exciting is how much we have accomplished already in the semester! We began the year with four successful recruitment events (Back-to-School Picnic, Informational Meeting, Speed Dating, and our Cookout with PDC) with the stellar new P1 class. Welcome to the fam, new little lambs! We are so excited to embark on this pharmacy school journey with you.

Pictured on the right: Our sisters enjoying getting to know the P1s at our annual cookout with PDC.

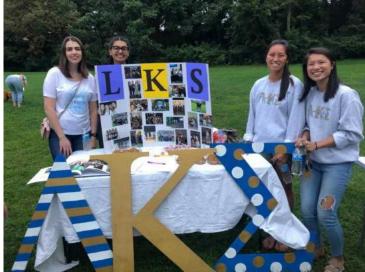


Our sisters have also been out and about, tabling at the local Rite Aid and University Pharmacy educating the public on OTC medications. As we progress through the semester, look out for events where we additionally will work with the Children's Institute, National Ovarian Cancer Coalition, Family House, and Kindness Cookies!

We're off to a great start to the semester, so let's continue to kill it on our upcoming exams. Best of luck, everyone!

Keep up-to-date with all the upcoming events and activities by following us on Instagram (@lks delta chapter)!





Pictured above: LKS Sisters showing some lamb love at the Back-to-School Picnic.

## PLS: Phi Lambda Sigma Nikitha Yagnala (P3), Secretary

PLS has had an incredible start to the school year! We have had another successful year of the PLS Mentor Program during P1 orientation, and our members were so excited to welcome all the new P1s at the annual Back-to-School Picnic. Our mentors are a great resource for you throughout your time in pharmacy school, so be sure to keep in touch with them!

PLS and Rho Chi had also hosted the fourth annual Janes and Nancy Mastrian Young Professionals Lecture in September, where Dr. Saenz, the Immediate Past Chair of the Virginia Board of Pharmacy and Program Director for the UVA 24-month Health System Pharmacy Administration Residency, presented on adapting to the changing pharmacy profession.

We also kicked off our leadership workshop series in September, with the Organization Leaders Panel that catered to P1 students learning about how to get involved and gain leadership positions in pharmacy school! Our Fall Leadership Retreat on October 9 has given student leaders an opportunity to plan incredible patient care projects surrounding our Dean's theme for this year, GenerationRx. Look out for ways that you can get involved in Dean's theme projects throughout the year!

Finally, keep an eye out for our PLS Application Info session occurring on October 31 during lunch. We look forward to getting to know potential applicants!



Pictured above: PLS and Rho Chi executive board with Dr. Saenz, our guest speaker from the 2019 Young Professionals Lecture!

# **CPNP: College of Psychiatric and Neurologic Pharmacists**

Casey Gudenburr (P2), Secretary and Membership Chair

The first month of the Fall Semester has been very eventful for CPNP! We kicked off the school year at the Back-to-School Picnic where we informed the new P1 students about our organization and spread the word for the first general body meeting which occurred on Wednesday, September 11. At this meeting, we went over our executive board member positions, the events we have planned for this semester, and how to become a chapter and/or national member. We are excited about the high interest that people expressed for the events we have. A unique feature of our organization is that our events and presentations function as most of our general body meetings.

Following the GBM, our next event to take place was our recognition of R U Ok? Day. This day is recognized internationally on September 12, but we chose to push our celebration of the event back to September 13. R U Ok? is a non-profit suicide prevention organization that reinforces the idea that it is important to talk to others about how you are feeling regarding your own mental health. As a part of this event, we handed out temporary semi-colon tattoos for people to show their support for suicide prevention. Additionally, we encouraged people to ask at least one other person if they were okay. We had a poster at the event for people to take pictures in front of as well as information about self-care resources.

On September 25, CPNP hosted a Talk Saves Lives Presentation. This event was PRIMERx sponsored, meaning that it fits in with the pharmacy school's career development program standards. At this event, we had a speaker come to further discuss the importance of the warning signs, risks, and prevention of suicide. R U Ok? Day and the Talk Saves Lives presentation worked very well together to reiterate the important of preventing suicide and enforce the idea of mental well-being.

Our executive board has been meeting frequently to ensure that all of the events we have planned for the semester run as smoothly as possible. We are really pleased with how everything has been running so far, and we cannot wait to see how the rest of our events go!

## **SCCP: Student College of Clinical Pharmacy**

Lisa Cahill (P2), Secretary

As always, the Student College of Clinical Pharmacy is having a busy and productive start to the school year. For one, SCCP welcomes its two new Mentored Research Fellows! The Mentored Research Fellowship is awarded to students who complete research with a faculty member through volunteering their time or participating in a for-credit research opportunity known as Special Topics. New fellows are named each year and get the opportunity to participate in our Journal Club series, present research to their peers, and win a \$1,000 scholarship to attend conferences of their choice and reach an even bigger clinical pharmacy audience. This year's SCCP fellows are Niti Patel (P3) and Jiali Wen (P2).

Niti Patel's research project is titled "PEG-asparaginase does not impair fatty acid oxidation, increase lipid synthesis, or decrease VLDL secretion in HepG2 cells." This project aims to investigate the mechanisms of liver toxicity associated with the chemotherapeutic agent asparaginase, which is an agent used in the treatment of acute lymphoblastic leukemia (ALL). As of now, there has been little research investigating the mechanism of the toxicity.

Jiali Wen's research project is titled "Preclinical evaluation of 20-hydroxyeicosatetraenoic acid (20-HETE) formation inhibitors to ameliorate brain injury after pediatric cardiac arrest." This project is focused on discovering a novel, preclinical lead compound that inhibits 20-HETE, a vasoactive metabolite that plays an important role in post-asphyxial cardiac arrest brain injury.

This past month, SCCP has involved in UPMC PULSE, in which student pharmacists can attend topic discussions on pharmacotherapy updates led by UPMC Presbyterian and UPMC Shadyside pharmacy residents. The first discussion, "Preservation or Reservation? The Use of Dexrazoxane for Cardioprotection During Anthracycline Therapy" was held on September 11. The next discussion on October 2 is titled, "Letermovir for Prevention of Cytomegalovirus Infection In Hematopoietic Cell Transplantation." These discussions are a great opportunity to see the format of presentations made by residents and to learn more about the latest updates in clinical pharmacy.

If you have any questions or want to get involved, please contact us at our Facebook page (@universityofpittsburghsccp) or via our organization email (pitt.accp.eboard@gmail.com).



### **Rho Chi** Kristina Murray (P3), Historian

This school year is back in full swing and Pitt's chapter of Rho Chi has made the most of the first month of this school year! September was a productive month for Rho Chi as we held events such as The Young Professional Lectures, our blood drive, exam reviews, and our monthly ARC Talks. In October we are looking forward to continuing the exam reviews and ARC Talks, and planning the Posters, Professors, and Progress event with SCCP, which will be held November 6 during lunch in Salk 402.

In case you missed it, Rho Chi had our first major event of the semester, the Young Professional Lecture held in conjunction with PLS. Dr. Rafael Saenz's "Letting Go of Old Cheese: Life Moves On and So Should We" was inspiring, funny, and insightful on the changing scope of pharmacy practice. Dr. Saenz's encouraging words is something we should all think about as we are the future of the profession of pharmacy. Thank you to all who came out to the talk!

Rho Chi also had our Blood Drive on September 27. Special thanks to all those who were able to donate and help with the national blood shortage we are facing.

Our tutoring co-chairs held our first exam review for the P2s in Cardio in September. The presentation and Kahoot game were a success! The co-chairs are looking into additional reviews for P1s' PDA and PPC exams and P2s' Cardio and PK exams this month. All the course coordinators for P1s and P2s are aware of the Rho Chi tutoring services and exam reviews. If you are looking for more reinforcement on course material, Rho Chi is here to help!

Our service co-chairs are continuing our monthly talks at the Adult Rehabilitation Center (ARC) in Southside. If you are looking for a new audience to educate and practice with your presentation skills, the ARC Talks provide a unique patient population to work with. The events are held monthly on Monday evenings. If you are interested contact our service co-chairs or a member of Rho Chi.

Best of luck to all on upcoming exams throughout October!

## Acknowledgements

Editor-in-Chief
Ashley Yao

Publication Chair
Cathy Dziuba

## Authors

Alecia Zika
Britney Stottlemyer
Casey Gudenburr
Danielle Weaver
Emily Dell
Hager Mohamedein
Kristina Murray

Lisa Cahill
Nikitha Yagnala
Sneha Gaitonde
Taylor Laffey
Tommy Rust
Vince Piro

