

2019 LOCAL PATIENT COUNSELING COMPETITION RESOURCE LIST

“Success is when preparation meets opportunity”. Like any sport or performance, practice is important to help you do your best. Luckily, as student pharmacists, you have had a lot of practice counseling patients at your IPPE sites, internships, and even at home! Although, to help perfect every counseling point and ensure that you feel comfortable with the standardized patient, take a look at some of the resources below.

Check out the rules and regulations directly from APhA-ASP at:

<https://www.pharmacist.com/apha-asp-national-patient-counseling-competition>.

Here you will find:

- 2019 NPCC Booklet
- 2019 NPCC Pamphlet
- 2018 NPCC Winner-ups, Runner-ups and Finalist Videos

This information is very helpful, as it contains the rubric the judges will use to assess your submission. Additionally, it provides a detailed description of what to expect during the competition and more resources to assist you in preparation. Feel free to search on YouTube for other APhA-ASP Patient Counseling Competition videos and assess what they do well or not so well. Here is the link to watch videos from last year: <https://www.pharmacist.com/apha-asp-npcc-videos>.

Additionally, make sure to read through the drug list for the competition before you arrive. Your patient will be picking up one of these medications, so it is in your best interest to know the indications, adverse effects, counseling points, etc. for each medication!

Finally, have confidence in yourself and good luck!