**STUDY GUIDE for TEAM BASED LEARNING PRACTICUM**

Use the following to guide your reading in preparation for the individual and group assessment or the TEAM BASED LEARNING PRACTICUM. To help in your preparation, please review the Week 1.Lecture 1.HTN.Lipid and DM GUIDELINE slides located under the Lecture Slides tab on CourseWeb. Additionally, you will need to review the following documents (citations found in the Treatment Guidelines Folder, and all available on-line. It is suggested you locate the PDF version of each of these and use the “search” function in your browser to locate the information requested.

1. For ACC/AHA 2013 Cholesterol Guidelines:
   1. Focus on the following:
      * Section 2: Overview
      * Section 2.2: Four Major Statin Benefit Groups
      * Figure 2. Major Recommendations (page 15)
      * Section 4: Statin Treatment Recommendations
      * Table 4. Recommendation for Treatment of Blood Cholesterol (page 22)
   2. Define ASCVD and identify which conditions would classify a patient as having ASCVD
   3. Recognize who should get treatment with a statin
   4. Identify treatment recommendations for statin intensity
   5. Identify and be familiar with the 10-year ASCVD risk calculator (<http://my.americanheart.org/cvriskcalculator>) – can download here – focus specifically on the information required in order to calculate ASCVD risk
2. For 2017 Guideline for High Blood Pressure in Adults (KEY POINTS DOCUMENT), review the following:
   1. Definition of BP categories (normal, elevated, Stage 1, Stage 2)
   2. Identify other CVD risk factors in adults with hypertension
   3. List common medications that may cause drug-induced hypertension
   4. Recognize nonpharmacologic interventions to reduce BP
   5. Overview of Principles of Drug Therapy (section 9)
   6. Initial first-line treatment strategies for stage 1 and stage 2 hypertension
   7. Treatment considerations for patients with DM and HTN
   8. Race/ethnicity considerations